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The office will be closed:

Monday, February 19
for Family Day



Friday, March 30
for Good Friday



Monday, April 2
For Easter Monday

**After Hours
Maintenance Emergency
542-0443 ext 9
(For Emergencies Only)**

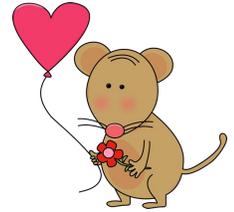
In case of an emergency such as fire, life threatening medical problem, or a crime in progress, always call **9-1-1**.

What's New at Town Homes Kingston

Volume 2, No. 1

Accessibility Award

In December Town Homes Kingston was nominated for an accessibility award for our contributions beyond legislated requirements towards improving access and inclusiveness for persons with disabilities in Kingston.



Welcome!

Please join us in welcoming our new staff members, Trevor Farrar, our new Tenant Services Representative and Tasha Lloyd, Accounting Assistant. We are thrilled to have Trevor and Tasha join our team.

Extended Hours

In order to help serve our residents, we have extended our hours of operation on a trial basis. We will now be open 8am -6pm on Wednesdays, starting Wednesday, January 17th to Wednesday, March 28th.

Hours of Operation:

Monday: 8 am—4 pm

Tuesday: 8 am—4 pm

Wednesday: 8 am—6pm

Thursday: 10 am—4pm

Friday: 8am—4pm



Keeping Warm this Winter:

Make sure all windows are fully closed; all baseboard vents are in the open position; move furniture away from baseboards to allow air to circulate; and on very cold days make sure to keep your blinds down & in a closed position.



Dress warmly with hats, scarves and mittens and by wearing layers.

Try to keep pets indoors during cold weather, but if they go outside, thoroughly wipe their legs and underbelly free of snow and salt when returning indoors.

Stay hydrated by drinking warm fluids that do not contain caffeine or alcohol, to prevent dehydration.



Sweet Treat

Keep warm with a cup of delicious hot cocoa!



Ingredients:

- 3 tbsp powdered creamer
- 3 tbsp powdered milk
- 3 tbsp powdered sugar
- 1½ tsp cocoa powder

optional: marshmallows, for garnish

Mix all the ingredients in a bowl. Add ½ cup of the hot chocolate mix to 1 cup of boiling water in a mug and stir until completely combined. Top with marshmallows, if desired, and enjoy!

Important Dates

PA Day Friday, February 2
Family Day Monday, February 19
Daylight Savings Sunday, March 11
March Break March 12-16
Good Friday Friday, March 30
Easter Monday Monday, April 1

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Fun Things to do Together in the Winter

- * Build a snow fort. Or, if it's too cold outside, build your own fort indoors out of blankets, pillows, and large boxes.
- * Fill a squeeze or spray bottle with colored water and write in the snow.
- * Make homemade hot cocoa with marshmallows.
- * Collect old winter coats from family members and friends and donate them to a local charity.
- * Visit your local library and check out books on winter themes.
- * Make a pine cone bird feeder by covering a pine cone with peanut butter and sticking birdseed to it. Hang it outside where you can see the birds enjoy the treat.



Create a Fun Card for Your Special Valentine!

What you need: Black, yellow, and either pink or red construction paper, a marker, glue and/or tape, scissors, pipe cleaners and googly eyes.



1. Cut 2 big hearts (all the same size) from each colour of paper for body and wings
2. Cut 2 small hearts for antennae
3. Glue the yellow and black hearts together to make the body
4. Glue the big red hearts to the back of the body to create wings
5. Glue the small hearts to the end of each pipe cleaner and glue pipe cleaner to the back of the head
6. Glue the googly eyes to the face and draw the mouth
7. Add a special message to your card like "Bee My Valentine!"

Free & Low Cost Activities

- ◆ **Kingston Feb Fest - February 1st—28th, 2018**
Events will be happening downtown every weekend in February!
- ◆ **Free skating in Market Square**
Rink Open: Daily from December to March (weather permitting)
Hours: 8 a.m. to 10 p.m.
- ◆ **Teddy Bear Hospital - Monday, February 19 from 10:30am to 12pm OR 1pm—2:30pm**
Bring your teddy bear or other special stuffed animal and have trained "teddy doctors and nurses" examine and treat your toy. Also included are story-time, snacks and a craft.
Location: Museum of Health Care, Ann Baille Bldg, 32 George Street
Cost: \$5/participant (no charge for adults)
Pre-registration required: Please call 613-548-2419, email info@museumofhealthcare.ca or book online
- ◆ **Scat and Tracks Hike—Saturday, February 25**
Bring your family out or an afternoon of winter fun. Little Cataraqui Conservation Area staff will help you discover the clues that animals leave behind to tell their stories. Be sure to dress according to the weather. **Cost** is \$6 per person which includes the gate fee. Children 1 and under are free. **Register online at** www.crca.ca/online-services.

